

# Sleep Tight Trafford 1 to 1 Clinics

Wednesday 6<sup>th</sup> January 2021

Monday 11<sup>th</sup> January 2021

Tuesday 19<sup>th</sup> January 2021

Wednesday 27<sup>th</sup> January 2021

Tuesday 2<sup>nd</sup> February 2021

Wednesday 10<sup>th</sup> February 2021

Tuesday 23<sup>rd</sup> February 2021

Wednesday 3<sup>rd</sup> March 2021

Wednesday 10<sup>th</sup> March 2021

Tuesday 16<sup>th</sup> March 2021

Wednesday 24<sup>th</sup> March 2021

Tuesday 30<sup>th</sup> March 2021

**Who can book?** Any Trafford parent who is struggling with their child's sleep.

**Appointment length?** Appointments last for 60 minutes. If your child has additional needs, please request a double appointment.

**Where are appointments?** At the present time appointments are by telephone or Zoom consultation.

**How to book:** Parents can phone 0161 286 4201 or email [tfadmin@togethertrust.org.uk](mailto:tfadmin@togethertrust.org.uk) to arrange an appointment.

