



RAP Pacing Guide 2021- This guide is subject to change.

Week & Date	Tick when complete	PATHS	Discovery education
<i>Autumn 1 - Healthy and happy friendships - PATHS -</i>			
1 WB 8.9.21		Unit 1 Lesson 1: Formulating Classroom Rules	
		Unit 1 Lesson 2: PATHS Readiness Lesson	
2 WB 13.9.21		Unit 1 Lesson 3: PATHS Pupil of the Day Complimenting	
		Unit 2 Lesson 4: Introduction to Feelings	
3 WB 20.9.21		Unit 2 Lesson 5: Happy, Sad and Private	
		Unit 2 Lesson 6: Activities on Happy and Sad	
4 WB 27.9.21		Unit 2 Lesson 7: Fine, Excited and Tired	
		Unit 2 Lesson 8: Activities on Excited and Tired and a Review of All Feelings (role play)	
5 WB 4.19.21			Lesson 1 - What makes a happy friendship
6 WB 11.10.21			Lesson 2 - Personal boundaries
7 WB 18.10.21			Lesson 3 - Worried
25.10.21- 29.10.21		HALF TERM	
<i>Autumn 2 - Similarities and differences - PATHS -</i>			
8 WB 1.11.21		Unit 3 lesson 9: Scared/Afraid and Safe (story)	
		Unit 3 Lesson 10: Activities on Scared or Afraid and Safe	
9 WB 8.11.21		Unit 3 lesson 11: Cross/Angry	
10 WB 15.11.21		Unit 4 Lesson 13: Self Control 1	
		Unit 4 Lesson 14: Self Control 2	
11 WB 22.11.21		Unit 4 Lesson 15: Self Control 3	
		Unit 4 Lesson 16: Calm/Relaxed and Relaxation Practice	

12 WB 29.11.21			Lesson 1 - My strengths and abilities
13 WB 29.11.21			Lesson 2 -Stereotypes
14 WB 6.12.21			Lesson 3 -Whose job?
20.12.21-3.1.22	CHRISTMAS HOLIDAYS		
<i>Spring 1 - Caring and responsibility - PATHS -</i>			
15 WB 4.1.22		Unit 5 Lesson 17: Control Signals Poster	
		Unit 5 Lesson 18: Problem Discussion – Angry Abigail	
16 WB 10.1.22		Unit 5 Lesson 20: Surprised and Expected	
17 WB 17.1.22		Unit 5 Lesson 22: Problem Solving – Privacy and Telling Your Feelings	
18 WB 24.1.22			Lesson 1 - Community helpers
19 WB 31.1.22			Lesson 2 - when we need help
20 WB 7.2.22			Lesson 3 - Our communities and groups
14.2.22-18.2.22	HALF TERM		
<i>Spring 2 - Families and committed relationships - PATHS -</i>			
21 WB 21.2.22		Unit 6 Lesson 23: What is a Friend?	
22 WB 28.2.22		Unit 6 Lesson 24: Lonely	
23 WB 7.3.22		Unit 6 Lesson 25: Making Friends	

24 WB 14.3.22		Unit 6 Lesson 26: Shy	
		Unit 6 Lesson 27: Poem and Problem Solving Activity on Shy	
25 WB 21.3.22			Lesson 1 - whos in my family
26 WB 28.3.22			Lesson 2 - a happy family
27 WB 4.4.22			Lesson 3 - Families of all kinds
11.4.22-22.4.22	EASTER HOLIDAYS		
<i>Summer 1 - Healthy bodies, healthy minds - PATHS</i>			
28 WB 25.4.22		Unit 6 Lesson 28: Embarrassed	
29 WB 3.5.22		Unit 7 Lesson 30: By Accident and On Purpose	
30 WB 9.5.22			Lesson 1 - Healthy feelings
31 WB 16.4.22			Lesson 2 - Staying safe at home
32 WB 23.5.22			Lesson 3 - Feeling poorly
30.5.22-10.6.22	HALF TERM		
<i>Summer 2 - Coping with change - PATHS -</i>			
33 WB 13.6.22		Unit 7 Lesson 31: Manners 1	
		Unit 7 Lesson 32: Manners 2	
34 WB 20.6.22		Unit 7 Lesson 33: Manners 3	
		Unit 7 Lesson 34: Manners 4	
35 WB 27.6.22		Unit 7 Lesson 35: Fair Play Rules	
		Unit 7 Lesson 36: Listening to Others	

36 WB 4.7.22		Unit 7 Lesson 37: Sharing	
37 WB 11.7.22			Lesson 1 - When I am older
38 WB 18.7.22			Lesson 2 - looking at changes ahead
39 WB 25.7.22			Lesson 3 - Goals
SUMMER HOLIDAYS			