



**4CD RAP Pacing Guide 2021- This guide is subject to change.**

Week & Date	Tick when complete	PATHS Lesson	Discovery Education Lesson
<i>Autumn 1 - Healthy and happy friendships</i> PATHS -			
1 WB 8.9.21		Unit 1 Lesson 1: Formulating Classroom Rules	
		Unit 1 Lesson 2: Pupil of the Day	
2 WB 13.9.21		Unit 1 Lesson 3: Co-operative Learning Skills	
3 WB 20.9.21		Unit 1 Lesson 4 : The Golden Rule	
4 WB 27.9.21		Unit 1 Lesson 5: Listening to Others	
5 WB 4.10.21			Lesson 1 - Qualities of a good friend
6 WB 11.10.21			Lesson 2 - Solving friendship difficulties
7 WB 18.10.21			Lesson 3 - Personal boundaries and permission
25.10.21- 29.10.21		HALF TERM	
<i>Autumn 2 - Similarities and differences - PATHS -</i>			
8 WB 1.11.21		Unit 2 Lesson 7: Recognising and controlling Anger	
9 WB 8.11.21		Unit 2 Lesson 8: Control Signals Poster (1)	
		Unit 2 Lesson 9: Control Signals Poster (2)	
10 WB 15.11.21		Unit 2 Lesson 11: Feelings Intensity	
11 WB 22.11.21		Unit 2 Lesson 16: We Are All Unique	
12 WB			Lesson 1 - Being British

29.11.21			
13 WB 29.11.21			Lesson 2 -Making a judgment
14 WB 6.12.21			Lesson 3 - A different point of view
20.12.21-3.1.22	CHRISTMAS HOLIDAYS		
<i>Spring 1 - Caring and responsibility - PATHS -</i>			
15 WB 4.1.22		Unit 2 Lesson 13: Playing by the Rule	
16 WB 10.1.22		Unit 2 Lesson 14: Solving an Important Problem	
17 WB 17.1.22		Unit 2 Lesson 15: Avoiding Gossip	
18 WB 24.1.22			Lesson 1 - Our rights, our responsibilities
19 WB 31.1.22			Lesson 2 - The UN convention on the rights of children.
20 WB 7.2.22			Lesson 3 - Family roles and responsibilities
14.2.22-18.2.22	HALF TERM		
<i>Spring 2 - Families and committed relationships - PATHS -</i>			
21 WB 21.2.22		Unit 2 Lesson 17: Best Friends – Part 1	
22 WB 28.2.22		Unit 2 Lesson 18: Best Friends – Part 2	
23 WB 7.3.22		Unit 2 Lesson 19: Best Friends – Part 3	
24 WB		Unit 2 Lesson 20: Best Friends – Part 4 – Friendship, Making Up	

14.3.22			
25 WB 21.3.22			Lesson 1 - Different relationships: boundaries and behaviours
26 WB 28.3.22			Lesson 2 - Belonging
27 WB 4.4.22			Lesson 3 - Caring families
11.4.22-22.4.22	EASTER HOLIDAYS		
<i>Summer 1 - Healthy bodies, healthy minds - PATHS</i>			
28 WB 25.4.22		Unit 5 Lesson 29: Problem Identification 1 - Identifying the Problem	
		Unit 5 Lesson 30: Problem Identification 2 - Smart vs. Confused	
29 WB 3.5.22		Unit 5 Lesson 31: Problem Identification 3 - Different Points of View	
		Unit 5 Lesson 32: Problem Identification 4 - Why Things Happen	
30 WB 9.5.22			Lesson 1 - What is puberty?
31 WB 16.4.22			Lesson 2- Understanding periods
32 WB 23.5.22			Lesson 3 - Keeping clean as we grow and change
30.5.22-10.6.22	HALF TERM		
<i>Summer 2 - Coping with change - PATHS -</i>			
33 WB 13.6.22		Unit 5 Lesson 37: Generating Solutions 1	
34 WB 20.6.22		Unit 5 Lesson 38: Generating Solutions 2	
35 WB 27.6.22		Unit 5 Lesson 39: Thinking Takes Time – Quick and Thoughtful Solutions	

36 WB 4.7.22		Unit 5 – Lesson 40: Coping with Difficult Problems	
37 WB 11.7.22			Lesson 1 - Different relationships: boundaries and behaviours
38 WB 18.7.22			Lesson 2 - belonging
39 WB 25.7.22			Lesson 3 - Caring families
SUMMER HOLIDAYS			